

# Neuropathy Intake Form

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Nickname: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M  F

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Mobile Phone #: \_\_\_\_\_ Home Phone #: \_\_\_\_\_

Email Address: \_\_\_\_\_

Occupation (Current or Previous): \_\_\_\_\_ Retired: Yes / No

Current or Previous Work Type: Clerical – Y / N Light Labor – Y / N Moderate Labor – Y / N Heavy Labor – Y / N

Spouse's Name: \_\_\_\_\_ Marital Status: S M D W # of Children: \_\_\_\_\_

In Case of Emergency: Contact Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

How did you hear about our office? \_\_\_\_\_

What is your main health concern / condition coming in today?  
\_\_\_\_\_

*Please check all that apply:*

<input type="checkbox"/> Foot Pain	<input type="checkbox"/> Low Back Pain	<input type="checkbox"/> Bulging Disc	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Neck Pain
<input type="checkbox"/> Foot Numbness	<input type="checkbox"/> Sciatica	<input type="checkbox"/> Joint Replacement	<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Morton's Neuroma
<input type="checkbox"/> Foot Surgery	<input type="checkbox"/> Pinched Nerve	<input type="checkbox"/> Falls	<input type="checkbox"/> Diabetes	Last A1C: _____
<input type="checkbox"/> Leg Pain	<input type="checkbox"/> Herniated Disc	<input type="checkbox"/> Balance Issues	<input type="checkbox"/> Plantar Fasciitis	
<input type="checkbox"/> Hand Pain	<input type="checkbox"/> Spinal Stenosis	<input type="checkbox"/> Poor Circulation	<input type="checkbox"/> Cancer	
<input type="checkbox"/> Hand Numbness	<input type="checkbox"/> Spinal Arthritis	<input type="checkbox"/> Poor Wound Healing	<input type="checkbox"/> Chemotherapy	
<input type="checkbox"/> Arthritis in Hands/Feet	<input type="checkbox"/> Degenerative Disc Disease	<input type="checkbox"/> Pacemaker/Defibrillator	<input type="checkbox"/> Implanted Cord / Bladder Stimulator	

When did this begin? \_\_\_\_\_

What makes it worse? \_\_\_\_\_

What makes it better? \_\_\_\_\_

On a scale of 1 – 10; how committed and serious are you about fixing your condition?

Not Serious    0    1    2    3    4    5    6    7    8    9    10    Totally Committed

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How would you describe your symptoms? *(Circle any that apply)*

- | Sharp Pain | Stabbing Pain | Aching Pain | Throbbing Pain | Numbness | Tiredness |
- | Heavy Feeling | Dead Feeling | Swelling | Electric Shocks | Pins & Needles | Tingling |
- | Cramping | Imbalance / Falls | Burning | Hot Sensation | Cold Hands / Feet |

How would you describe the physical appearance of your feet / legs? *(Circle any that apply)*

- | Discoloration of Skin | Dry / Flaky Skin | No Hair Growth | Discoloration of Toe Nail(s) | Loss of Toe Nail(s) |
- | Cyanosis (Blue Coloring of Skin) | Petechiae / Red Spots | Blisters / Sores | Fungal | Other |

Are your Symptoms over time *(Please Circle)*:      Worsening                      Staying the Same                      Improving

Frequency of your Pain:

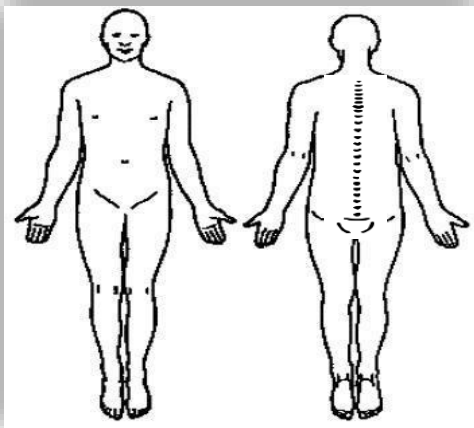
Constant (75-100%) \_\_\_    Frequent (51-75%) \_\_\_    Occasional (25-50%) \_\_\_    Intermittent (0-25%) \_\_\_

On average what level would you rate your overall pain?

Nb Pain 0      1      2      3      4      5      6      7      8      9      10      Worst Pain Possible

Is this condition interfering with any of the following? *(Circle any that apply)*

- | Daily Activities | Hobbies | Walking | Standing | Work | Sleep | Relationships | Sex Life |



Please indicate on this drawing the area(s) where you are currently experiencing symptom(s):

Please circle the things you have used / tried to relieve your symptoms:

- | Gabapentin | Amitriptyline | Neurontin | Cymbalta | Lyrica | Opioids | Injections |
- | Aleve / Naproxen | Tylenol / Acetaminophen | Advil / Ibuprofen | Motrin |
- | Creams | CBD / Hemp Products | Chiropractic | Physical Therapy | Massage Therapy |

Other: \_\_\_\_\_

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**Please list any / all prescription medications you are currently taking (or you may attach a list):**

Name	Dosage per Day

**Please list any / all allergies and sensitivities:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Please list any / all supplements (vitamins, herbs, homeopathic, etc.) you are currently taking:**

Name	Dosage per Day

Are you currently taking a Blood Thinner (Coumadin, Lovenox, Heparin, etc)? **Yes**      **No**

Are you currently taking a Statin (Atorvastatin, Lipitor, Crestor, Simvastatin, etc)? **Yes**      **No**

Do you drink alcohol? **Yes**      **No**      If yes, how many drinks per week? \_\_\_\_\_

Do you smoke cigarettes? **Yes**      **No**      If yes, how many cigarettes daily? \_\_\_\_\_

Do you exercise regularly? **Yes**      **No**      If yes, please describe type & how often? \_\_\_\_\_

Did this start/progress after COVID or receiving the COVID vaccine? **Yes**      **No**      If yes, when? \_\_\_\_\_

Name of your Primary Care Physician: \_\_\_\_\_ Clinic: \_\_\_\_\_

May we contact them with updates regarding your treatment? **Yes**      **No**

- I hereby authorize release of any medical information necessary to evaluate my case to \_\_\_\_\_.
- \_\_\_\_\_ will not enter into any dispute with your insurance company. If there is a discrepancy, it is the patients' responsibility to contact their insurance provider.

We invite you to discuss with us any questions regarding our services and/or fees. The best health services are based on a friendly, mutual understanding between the provider and patient. I understand the above information, and guarantee this form was completed correctly, to the best of my knowledge. I understand it is my responsibility to inform this office of any changes in my medical or insurance status.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Neuropathy Intake Form

## FUNCTIONAL GOALS SURVEY

Please take several minutes to answer these questions so we can help you get better.

How many doctors have you seen for this condition? \_\_\_\_\_

What medications/supplements/therapies/treatments did they prescribe/recommend for you?

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Has what you've done to date for your condition helped?

Yes, a lot       Yes, some       No, not at all       Indifferent

What are 3 – 5 activities you can no longer do or are struggling to do because of this condition? *Please be specific.*

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

What is your honest vision of your life in the next few years if this problem continues to progress? \_\_\_\_\_

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What would be different &/or better in your life without this problem? Please be specific.

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What is your biggest fear if this condition continues to progress? \_\_\_\_\_

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What would success mean to you in our office? \_\_\_\_\_

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